

Course Calendar



Mondays: 28 February - 8 August, 2025

11:00 Pacific time, 12:00 Mountain & CST, 1:00 Central, 2:00 Eastern, 19:00 British Isles, 20:00 Central Europe, 6:00 a.m. Saturday AEDT

Classes meet for 90 minutes, once per week

Unit 1: The Nervous System and Singing

February 28 - April 4

- ❖ February 28 Module 1 Brain Basics: *What Brains Are For*
- ❖ March 7 Module 2 An Inside Job: *Interoceptive Awareness*
- ❖ March 14 Module 3 Doing the Math: *Your Brain Does the Heavy Lifting*
- ❖ March 21 Module 4 The Neural & the Vocal: *Building on Neurological Tools*
- ❖ March 28 *Scheduled & Recorded Coaching Workshop*
- ❖ April 4 Module 5 Peer Coaching

Unit 2: Singing Popular Styles

April 11 - May 16

- ❖ April 11 Module 6 The Nasty Triangle: *Blending High in Popular Styles*
- ❖ April 18 Module 7 Registration: *Vocal Camouflage and Textures*
- ❖ April 25 Module 8 Style: *How's That Going to Happen?*
- ❖ May 2 Module 9 Stylecraft Tool Box
- ❖ May 9 *Scheduled & Recorded Coaching Workshop*
- ❖ May 16 Module 10 Peer Coaching

Unit 3: The Respiratory System and Singing

May 23 - June 27

- ❖ May 23 Module 11 The Parts & The Whole: *The Respiratory System*
- ❖ May 30 Module 12 Breathe Like a Chimp
- ❖ June 6 Module 13 Connect the Dots: *A Reliable High Mix*
- ❖ June 13 Module 14 Putting It Together: *IRL Applications of NVM*
- ❖ June 20 *Scheduled & Recorded Coaching Workshop*
- ❖ June 27 Module 15 Peer Coaching

Unit 4: How Brains Learn

July 4 - August 8

- ❖ July 4 Module 16 Your Brain Sings Before You Do: *Now That You Know*
- ❖ July 11 Module 17 The Hands of Time: *Attention Molds Learning & Behavior*
- ❖ July 18 Module 18 A Different Ball Game: *Coaching for the PM Singer*
- ❖ July 25 *Scheduled & Recorded Coaching Workshop*
- ❖ August 1 Module 19 Peer Coaching
- ❖ August 8 Module 20 Final Class
- ❖ (August 15) *Please reserve this date for any necessary rescheduling.*