

# Course Calendar



Mondays: 24 February - 30 June, 2025

9:00 Pacific time, 10:00 Mountain & CST, 11:00 Central, 12:00 Eastern, 17:00 British Isles, 18:00 Central Europe  
Classes meet for 90 minutes, once per week

## Unit 1: The Nervous System and Singing

### February 24 - March 3

- ❖ February 24      Module 1      Brain Basics: *What Brains Are For*
- ❖ February 3      Module 2      An Inside Job: *Interoceptive Awareness*
- ❖ February 10      Module 3      Doing the Math: *Your Brain Does the Heavy Lifting*
- ❖ February 17      Module 4      The Neural & the Vocal: *Building on Neurological Tools*
- ❖ February 24           **Scheduled & Recorded Coaching Workshop**
- ❖ March 3      Module 5      Peer Coaching

## Unit 2: Singing Popular Styles

### March 10 - April 14

- ❖ March 10      Module 6      The Nasty Triangle: *Blending High in Popular Styles*
- ❖ March 17      Module 7      Registration: *Vocal Camouflage and Textures*
- ❖ March 24      Module 8      Style: *How's That Going to Happen?*
- ❖ March 31      Module 9      Stylecraft Tool Box
- ❖ April 7           **Scheduled & Recorded Coaching Workshop**
- ❖ April 14      Module 10      Peer Coaching

## Unit 3: The Respiratory System and Singing

### April 21 - May 19

- ❖ April 21      Module 11      The Parts & The Whole: *The Respiratory System*
- ❖ April 28      Module 12      Breathe Like a Chimp
- ❖ May 5      Module 13      Connect the Dots: *A Reliable High Mix*
- ❖ May 12           **Scheduled & Recorded Coaching Workshop**
- ❖ May 19      Module 14      Peer Coaching

## Unit 4: How Brains Learn

### May 26 - June 30

- ❖ May 26      Module 15      Your Brain Sings Before You Do: *Now That You Know*
- ❖ June 2      Module 16      The Hands of Time: *Attention Molds Learning & Behavior*
- ❖ June 9      Module 17      A Different Ball Game: *Coaching for the PM Singer*
- ❖ June 16           **Scheduled & Recorded Coaching Workshop**
- ❖ June 23      Module 18      Peer Coaching
- ❖ June 30      Module 19      Final Class
- ❖ (July 7)           *Please reserve this date for any necessary rescheduling.*