# **Course Calendar**



Fridays, September 20, 2024 - March 14, 2025 8:30 Pacific time, 9:30 Mountain & CST, 10:30 Central, 11:30 Eastern, 16:30 British Isles, 17:30 Central Europe Classes meet for 90 minutes, once per week

## **Unit 1: The Nervous System and Singing**

### September 20th - October 25th

*	September 20	Module 1	Brain Basics: What Brains Are For
*	September 27	Module 2	An Inside Job: Interoceptive Awareness
*	October 4	Module 3	Doing the Math: Your Brain Does the Heavy Lifting
*	October 11	Module 4	The Neural & the Vocal: Building on Neurological Tools
*	October 18		Scheduled & Recorded Coaching Workshop
*	October 25	Module 5	Peer Coaching

## **Unit 2: Singing Popular Styles**

#### November 1st - December 20th

*	November 1	Module 6	The Nasty Triangle: Blending High in Popular Styles
*	November 8	Module 7	Registration: Vocal Camouflage and Textures
*	November 15	Module 8	Style: How's That Going to Happen?
*	November 22	Module 9	Stylecraft Tool Box
*	December 6		Scheduled & Recorded Coaching Workshop
*	December 13	Module 10	Peer Coaching

## Unit 3: The Respiratory System and Singing

#### January 3rd - January 31st

*	December 20	Module 11	The Parts & The Whole: The Respiratory System
*	January 3	Module 12	Breathe Like a Chimp
*	January 10	Module 13	Connect the Dots: A Reliable High Mix
*	January 17		Scheduled & Recorded Coaching Workshop
*	January 24	Module 14	Peer Coaching

## **Unit 4: How Brains Learn**

#### February 7th - March 14th

*	January 31	Module 15	Your Brain Sings Before You Do: Now That You Know
*	February 7	Module 16	The Hands of Time: Attention Molds Learning & Behavior
*	February 14	Module 17	A Different Ball Game: Coaching for the PM Singer
*	February 21		Scheduled & Recorded Coaching Workshop
*	February 24	Module 18	Peer Coaching
*	March 7	Module 19	Final Class